



Volunteer Services

Volunteer Roles

Meals on Wheels

Volunteers willing to commit 2 hours once a month between 10:30AM and 12:30PM to deliver meals to clients residing in Ancaster and surround rural areas. Requirements: must possess a valid driver's license, minimum \$1M in liability insurance and complete a Vulnerable Sector Police Check. Mileage is reimbursed.

Frozen Meals

Volunteers willing to commit 3 hours once a month (Wednesdays) between 10AM and 1PM to deliver meals to clients residing in Ancaster and surround rural areas. Requirements: must possess a valid driver's license, minimum \$1M in liability insurance and complete a Vulnerable Sector Police Check. Mileage is reimbursed.

Assisted Volunteer Driving

Volunteers willing to commit at least 2 times a month to drive ACS clients residing in Ancaster to medical appointments in the greater Hamilton area. Requirements: must possess a valid driver's license, minimum \$1M in liability insurance and complete a Vulnerable Sector Police Check. Mileage is reimbursed.

Front Desk

Volunteers willing to commit 3 hours a week to answer phone calls, assist with administrative duties and connect with walk-in clients/community members. Knowledge of the Ancaster community is a definite asset.

Christmas Outreach

Volunteers willing to commit for either a morning or afternoon shifts in the month of December. Duties will include: sorting and organizing donations and preparing hampers for families & individuals in need.

Shopping 4 Seniors

Volunteers willing to commit 2 hours every week or every other week to support local older adults by safety purchasing and delivering their groceries contact-free. Requirements: must possess a valid driver's license, minimum \$1M in liability insurance and complete a Vulnerable Sector Police Check. Mileage is reimbursed.

Food Bank

Volunteers willing to commit 2-3 hours every other week to sort through donated non-perishable food, by checking for expired dates, placing the items on the shelves and at times weighing food.

Food Bank – Hamper Delivery

Volunteers willing to commit 1 hour every other week to deliver food hampers to our Food Bank clients in Ancaster and surrounding areas. Requirements: must possess a valid driver's license, minimum \$1M in liability insurance and complete a Vulnerable Sector Police Check. Mileage is reimbursed.

Food Bank – Donation Collection

Volunteers willing to commit 1 hour every week to pick up food from various locations in Ancaster. Requirements: must possess a valid driver's license and minimum \$1M in liability insurance. Mileage is reimbursed.

*Above opportunities are for individuals 18+. For youth opportunities please check out **'The Net'**
<https://ancastercommunityservices.ca/programs-and-services/youth-programs/>*