

FROZEN MEALS

Order & Delivery Schedule

| Week # Menu | Order By: | Delivery/Pick-Up: |
|----------------|-------------------|-------------------|
| Week #1 | February 6, 2025 | February 12, 2025 |
| Week #2 | February 13, 2025 | February 19, 2025 |
| Week #3 | February 20, 2025 | February 26, 2025 |
| Week #4 | February 27, 2025 | March 5, 2025 |
| Week #5 | March 6, 2025 | March 12, 2025 |
| Week #1 | March 13, 2025 | March 19, 2025 |
| Week #2 | March 20, 2025 | March 26, 2025 |
| Week #3 | March 27, 2025 | April 2, 2025 |
| Week #4 | April 3, 2025 | April 9, 2025 |
| Week #5 | April 10, 2025 | April 16, 2025 |
| Week #1 | April 17, 2025 | April 23, 2025 |
| Week #2 | April 24, 2025 | April 30, 2025 |
| Week #3 | May 1, 2025 | May 7, 2025 |
| Week #4 | May 8, 2025 | May 14, 2025 |
| Week #5 | May 15, 2025 | May 21, 2025 |

Meal Orders are due every <u>Thursday by 4:00 pm</u>.

Delivery on Wednesday between 10:30am-12:30pm.

Pick Up after 11am on Wednesday & during regular office hours.

905-648-6675



FROZEN MEALS

Order & Delivery Schedule

| Week # Menu | Order By: | Delivery/Pick-Up: |
|----------------|-----------------|-------------------|
| Week #1 | May 22, 2025 | May 28, 2025 |
| Week #2 | May 29, 2025 | June 4, 2025 |
| Week #3 | June 5, 2025 | June 11, 2025 |
| Week #4 | June 12, 2025 | June 18, 2025 |
| Week #5 | June 19, 2025 | June 25, 2025 |
| Week #1 | June 26, 2025 | July 2, 2025 |
| Week #2 | July 3, 2025 | July 9, 2025 |
| Week #3 | July 10, 2025 | July 16, 2025 |
| Week #4 | July 17, 2025 | July 23, 2025 |
| Week #5 | July 24, 2025 | July 30, 2025 |
| Week #1 | July 31, 2025 | August 6, 2025 |
| Week #2 | August 7, 2025 | August 13, 2025 |
| Week #3 | August 14, 2025 | August 20, 2025 |
| Week #4 | August 21, 2025 | August 27, 2025 |
| Week #5 | August 28, 2025 | September 3, 2025 |

Meal Orders are due every <u>Thursday by 4:00 pm</u>.

Delivery on Wednesday between 10:30am-12:30pm.

Pick Up after <u>11am on Wednesday</u> & during regular office hours.

905-648-6675